

## USES FOR OLIVE OIL OTHER THAN COOKING

Olive oil's nutty deliciousness makes it a beloved cooking ingredient, and dipping a piece of bread into a plate of peppered olive oil is surely among life's greatest pleasures. But did you know there are a number of other, non-culinary uses for this Mediterranean staple?

Swipe through to find out what you can do with olive oil besides cook with it.



Have a stuck zipper? Apply a couple drops of olive oil and it should work loose quickly. Olive oil can stain fabric, however, so be careful when applying it.



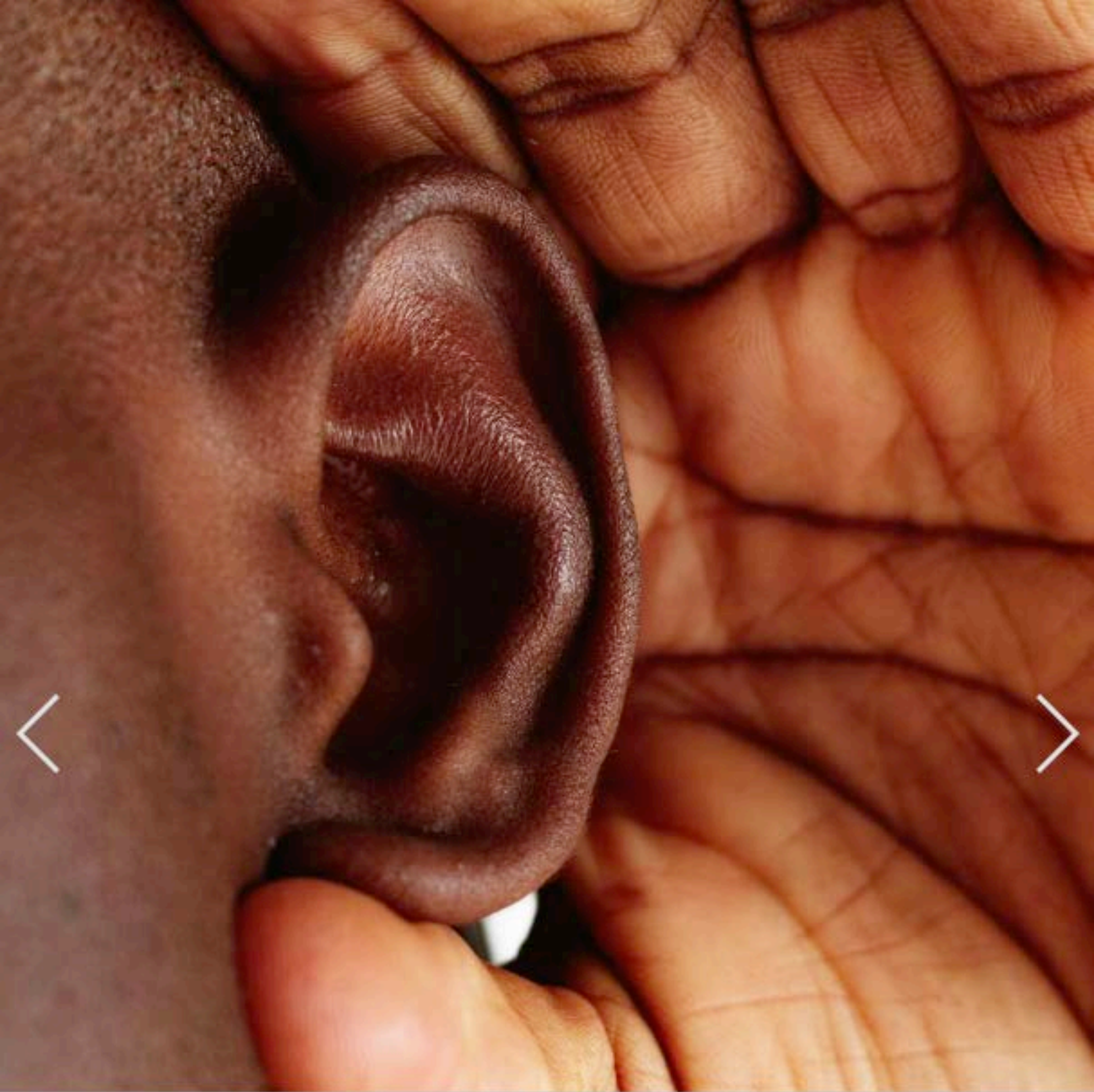
Olive oil can soothe sunburned skin. Mix the oil with aloe vera if you have it, or water if you don't, and apply the mixture to your parched skin. The oil locks in moisture and can help healing.



Use olive oil to polish wood furniture. Simply mix two parts olive oil with one part lemon juice and, using a soft cloth, gently rub the wooden surface in a circular motion.

*Photography: Gretchen Heber*





While ear wax isn't necessarily a bad thing, some people can build up too much and might want to remove it. Warm olive oil slightly—just to body temperature—and add two or three drops to your ear. Lay down with your head on a towel and let the oil and ear wax drain out.

Don't you hate that gummy stuff that's sometimes left behind when you pull a sticker off? Remove it by applying a small bit of olive oil to a clean rag and rubbing the sticker residue.



Power out? Batteries dead? No candles? Make an emergency lamp with olive oil. Find a small piece of cotton rope and insert it into a small jar with a quarter cup of olive oil. Light your wick, and let there be light!



Many people swear by olive oil as an effective hair conditioner. Massage it thoroughly into hair and scalp and let it sit for 15 minutes – wear a shower cap to help seal in the moisture better. Shampoo out the oil, let your hair dry, and you might find your hair feels softer and looks shinier.

