

TIPS FOR PACKING LIGHT FOR EASIER TRAVEL

You'll find many benefits to packing light. A less-heavy bag is easier to carry and maneuver, for example; this is particularly important if you're moving from place to place frequently. Packing light may also save you money on airline fees, which occur when you have multiple bags or overweight bags.

Now that you know why you should pack light, swipe through to learn how.

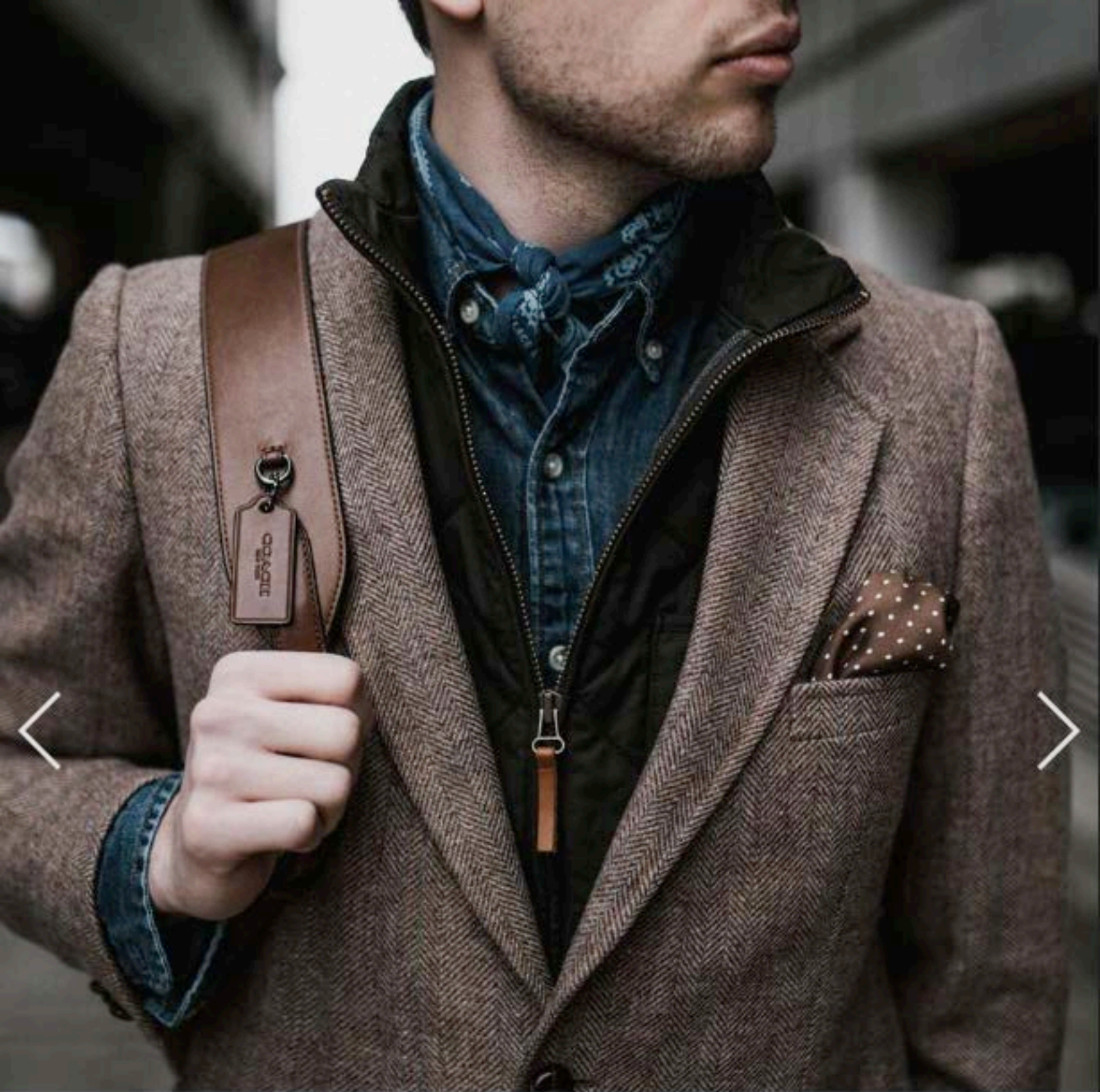




Pack items you must have, not things you'd like to have. Yes, those pink sandals match your favorite skirt perfectly, but the white sandals go with everything. If you love your own snorkel gear but can rent equipment on site, save the space. Can you get away with some comfy socks instead of slippers?



Follow the 1-2-3-4-5-6 rule. Pack one hat, two pairs of shoes, three bottoms, four tops, five pairs of socks, six pairs of underwear plus a bra if you wear bras. Dress-wearers might want to sub in a dress for one of the tops or a skirt for one of the bottoms. You might have to do laundry once or twice along the way, but that's a small price to pay for a lighter load.



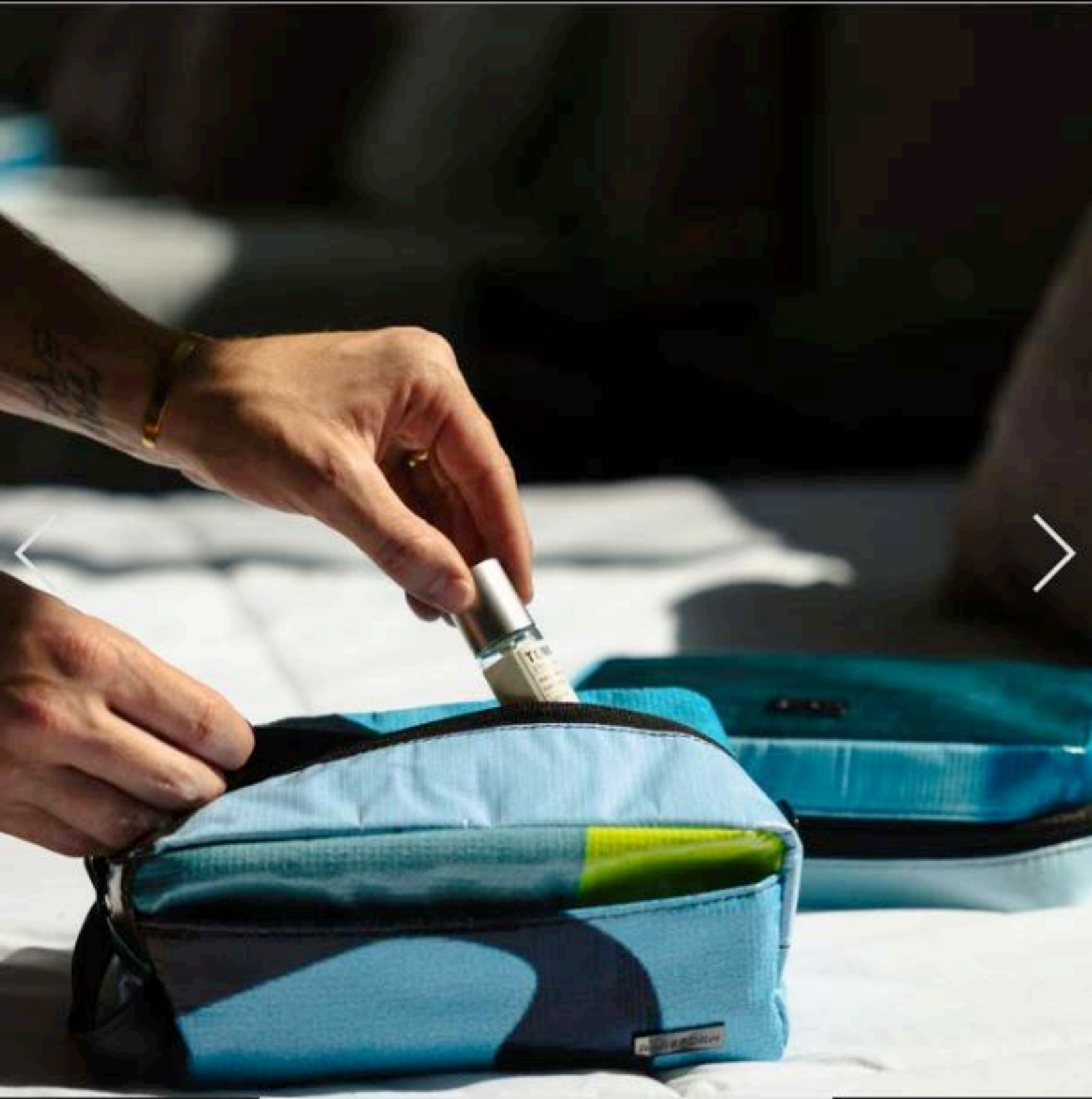
Pack neutral colors and lightweight items that will mix and match. Take shirts and tops that layer well in case you need extra warmth, or if you need to remove layers as the day warms up. Lay out all the clothes you intend to pack, study them and think carefully before putting anything in a suitcase.

Bring multipurpose footwear. For example, find a pair of comfortable walking sandals that are nice enough to wear with a skirt to a fancy restaurant. Or bring athletic type shoes in a neutral color that will work with long pants and a sports coat. If water-related activities are on the itinerary, consider waterproof sandals that can be worn for long-distance walking, too.

Photography: Amazon



Take a hard look at your toiletries. Will a travel-size stick of deodorant work instead of a full-size? Do you need two types of skin cream or will one do? Pack a small bar of soap instead of a full-size one. Or if you're staying in hotels, you can skip bringing shampoo, conditioner and soap altogether, as those items are typically provided.





Consider packing cubes, stuff sacks or even large zipper bags. Organize your clothing in ways that make sense to you and then compress the items using these packing tools. Packing organizers make it easier to find what you need without rummaging through your entire suitcase.

Photography: Amazon

If you can manage it, pack your suitcase only two-thirds full, to leave room for souvenirs. Or you can bring along a lightweight, collapsible bag that you fill with mementos and carry on with you when you fly home.



Save