

## TIPS FOR KEEPING YOUR HOME COOL THIS SUMMER

Summer is glorious, but summer is also hot, and trying to keep your home cool without breaking the bank can be tricky. If you have air conditioning, these tips will help your AC do its job better and more affordably. If you don't have AC, these cooling ideas could be a lifesaver.

Swipe through for tips on how to keep your home cool this summer.



Close the blinds or curtains. While it's tempting to let the sun stream in, closing your window treatments will protect against heat flooding in. Closed curtains also help to keep expensive air-conditioning inside.



Add a smart thermostat to your air conditioning system. This will allow you to carefully manage your air conditioning use, cooling your home when you need it and not wasting energy when you don't need AC.



Use your ceiling fans to help spread cool, air-conditioned air around your home. Be sure your fans are rotating in a counterclockwise direction to push the air down. If you have box fans, put them into service, too. Place a block of ice in a bowl in front of your box fan to create chilly air.





During the summer months, try to limit the use of your oven and stove, which pour heat into your home. Fix hearty salads with purchased, pre-cooked chicken or shrimp. Another option is a make-your-own sandwich night, where family members choose from a variety of tasty ingredients to craft a custom sub. Add chilled fruit to complete the meal.

If you own your home, check that all windows and doors are properly sealed. Add weatherstripping or caulk to prevent hot air from entering small cracks or gaps.



Close off rooms you're not using so you don't waste air conditioning to cool them. Close the door as well as the AC register in the unused rooms.

